



*I recall driving around a small seaside town with my mother some years back.*

We were supposed to be relaxed, but instead we were frantically looking for somewhere to recycle the rubbish we'd accumulated during our holiday. "Why are we going to so much trouble when we could simply put the rubbish in a bin and get back to surfing?" I wondered.

Now I understand. My wife Tarryn and I do the same thing at the end of our holidays. We could be walking on the beach or in the mountains, when suddenly we find ourselves carrying more than our own rubbish; we always pick some up along the way. These days sustainability and environmental and cultural awareness form the cornerstone of who we are as individuals and as a couple.

While my improved consciousness can be partly attributed to my maturing, there's a bigger reason: I have grown to understand and appreciate the natural world and the cultures of others.

For Tarryn and me, this shared passion is a result of the many incredible experiences we've been fortunate enough to have while travelling: enjoying mind-blowing sunrises over the African savannah, watching a wild ostrich lay an egg an arm's reach from us and seeing dozens of condors soaring over the world's deepest canyon. Moments like these stir your soul and compel you to want to protect the planet.

We've also learnt so much about other cultures. We've spent time living and working among the tribes of Papua New Guinea, slept in people's gardens while cycling through Lesotho and learnt KiSwahili on the slopes of Mount Kenya. In every instance, we were invited into people's homes as friends and treated like royalty, even when our hosts had little to offer.

Travel has helped us grow and see the world with more compassionate eyes, which is why we started Team Tane – an online platform on which we will share our journeys to inspire others to escape their comfort zones.

We've learnt that if people have experienced nature and other cultures, they will make more of an effort to understand, respect and protect them.

You don't need buckets of spare time and money to travel; many of our trips cost less than staying at home would have. And with our latest expedition – Suzuki Africa Sky High – we aim to prove that you don't need a huge 4x4 either. Yes, we're going to travel across the continent in a Suzuki Jimny.

Finally, you don't need to be a fearless adrenaline junkie to have an adventure when treasures such as Table Mountain and the Magaliesberg are in your back yard.

All you need to do is follow the dreams you've been putting off for so long. 🇿🇦



**THE EXPEDITION:** Suzuki Africa Sky High  
**WHO:** Tarryn and Shane Quinnell, AKA Team Tane  
**WHAT:** Epic overland and mountaineering trip to Africa's five highest mountains  
**WHEN:** Departed 29 April – travelling 25 000km in six months  
**WHERE:** Approximately 10 African countries  
**HOW:** In a Suzuki Jimny, sleeping on the roof in a Front Runner rooftop tent  
**WHY:** To showcase the real Africa and share the beauty of the continent's natural environment and its fascinating cultures

Follow Team Tane's progress live at: [www.teamtane.com](http://www.teamtane.com) and on Facebook: [www.facebook.com/teamtane](http://www.facebook.com/teamtane)

Words and photographs by Shane Quinnell

# TRAVELLING'S HIDDEN TRUTHS

Shane and Tarryn Quinnell – Team Tane – are ready to prove that you don't have to be Bear Grylls or a millionaire to have extraordinary adventures

